



PENNSYLVANIA COUNSELING
ASSOCIATION

A Branch of the American Counseling Association

PCA Inc

PCA, INC

FALL 2015

Main Office

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2015—2016

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President's Message

Paul Datti, PhD, CRC, HS-BCP

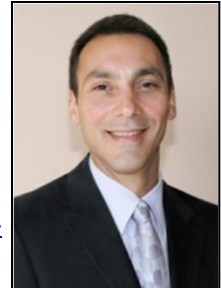
Hello PCA!

Since this is the official “pre-conference” newsletter, I’ll take a moment to encourage all of you to please attend our terrific conference this November 6-8, 2015 at the Penn Stater in State College, PA. This year’s theme is “Striving for More: Keeping Diversity and Social Justice at the Forefront.” We have a terrific keynote speaker, Dr. Michael Mobley (from Salem State University), who is an expert in these areas particularly with focus on social justice for racial minorities and the LGBT community. Dr. Mobley will be giving a keynote as well as a specialized session.

Your conference co-chairs, Drs. Julie Cerreto and Charles Jacob, have been doing a great job planning an excellent conference that will offer 9.25 CEUs (including at least 3 in ethics), as well as many events such as the opening reception/poster session, the keynote address and awards luncheon, division meetings, and other networking opportunities. Hope to see you there. Not registered yet? [Click here!](#)

My first “quarter” as PCA president has been a busy one. Hopefully you received (and completed if you are an LPC) the insurance paneling survey via email recently. This initiative is underway as an advocacy effort for LPCs who practice in PA. Many of you have already completed it, so thanks for taking the time. By the time you read this, the survey will have gone out to about 3000 ACA members who live in PA in an attempt for us to glean even more data from LPCs who are not members of PCA (and hopefully gain some new members and conference attendees!). If you are an LPC and have not complete the survey, please feel free to do so. Here is the link, which you are encouraged to forward to

colleagues: [PCA 2015 Insurance Paneling Survey](#)



In addition, I had the opportunity to attend ACA’s Institute for Leadership Training (ILT) in Arlington this July. It was a terrific experience, chock full of networking and advocacy opportunities. Many members of the ACA team, including their governance council, were very helpful in propelling the insurance paneling initiative. In addition, I, along with your secretary, Linda Thompson, had the opportunity to advocate for our profession on Capitol Hill with regards to issues such as Medicare reimbursement for counselors, allowing counselors in the Vets Administration training program, and the Elementary and Secondary School Counseling Program.

Indeed it’s been a busy few months. My guess is that many of you can say the same. But take a moment to think about how all your busy efforts positively affect the lives of many, and of course, take some time for yourself.

Be sure to enjoy the fall! I look forward to seeing many of you at our conference in November.

Paul
pdatti@yahoo.com



President-elect's Message

Charles Jacob, PhD



It's been quite an eventful summer! In addition to getting acclimated to my position at PCA, I've been traveling quite a bit. I recently accepted an invitation to deliver a workshop on ethics this past summer as part of the European Federation of Psychology Students' Association (EFPSA) hosted by the University of Cambridge. The experience was amazing, and I look forward to sharing details of my travels with everyone at the conference reception.

Speaking of, preparations for the conference in November have been keeping everyone at PCA incredibly busy, and many thanks to everyone that submitted proposals! Those of us in charge of reviewing were blown away by both the quality and quantity of submissions. As a Penn State alum, I'm looking forward to spending some time back in State College, but I'm far more excited by the caliber of presentations we have on the agenda this year.

In addition to the conference events and workshops announced on the website, I wanted to remind everyone that we will be holding a board meeting for the Pennsylvania Association for Counselor Education and Supervision (PACES). If you are a counselor educator or simply have an interest in education and training related issues for counselors in Pennsylvania, please reach out to me for more information. PACES and other subdivisions of PCA thrive as a function of member support, and newcomers are always welcome. This meeting will focus on planning for a PACES eastern meeting to be scheduled at La Salle University in the spring of 2016 as well as strategies for meeting CACREP standards, online course delivery, and gatekeeping

Once again, many thanks again to everyone at PCA – but particularly Drs. Datti and Bruno – for their ongoing support as I transition into my new role. Rest assured that we have some fantastic people working behind the scenes.

Hope all is well,

Charles

jacob@lasalle.edu



Past-President's Message

Michelle Bruno, PhD, LPC



I am pleased to be able to continue involvement on the PCA Executive Council as Past President. In this role, I am charged with the task of finding new leadership for our vacant positions. We are currently seeking leadership for two positions.

First, we will need to identify someone interested in serving as the Secretary, as Linda Thompson is completing her third year of service. She provided great support to our team in many ways! This position is a critical one to the team. The Secretary provides assistance to the President for board meetings, takes minutes, and also holds a vote on all board decisions. On a personal note, this was one of the first leadership positions that I was honored to hold as a new professional. Having opportunities to meet with the Executive Council and be part of the planning helped me learn more about the “behind the scenes” efforts. An unexpected reward was the close relationships that I developed with our leadership team and our members. As a result of this position, It enabled many learning opportunities and received wonderful mentoring. It was that position that motivated me to continue my involvement in PCA beyond my term.

Second, we are working hard to revitalize the Pennsylvania Association for Specialists in Group Work (PSGW). We have some eager new and existing members. This is a call for someone to serve as the Chair of the PSGW division.

I hope you will consider getting involved in one of these two leadership positions, or in one of our many committees. I am excited for the fall conference and the networking, energy, and fun that has come to be an expected benefit of this annual tradition. If you have interest in this leadership position, please contact me by email

mbruno@iup.edu or make arrangements to meet with me at the upcoming conference to discuss the requirements of the positions.

Best,

Michelle

michelle.bruno@iup.edu



Join us as we “Strive for More” at the PCA Conference November 6-8, 2015

As the air turns crisp and the leaves begin their descent, we are reminded that the 47th annual Pennsylvania Counseling Association (PCA) Conference is just right around the corner!

Save the dates of **November 6-8 at the Penn Stater Conference Center Hotel** in beautiful State College, Pennsylvania. This year's theme, “**STRIVING FOR MORE: KEEPING DIVERSITY AND SOCIAL JUSTICE ON THE FOREFRONT**” has some excellent sessions and events lined up for a wonderful weekend. The conference will provide opportunities to obtain CEU'S in important areas.

Come join us for the Friday First Night reception where you can converse and enjoy cocktails and light culinary fare. Enjoy the camaraderie of fellow counselors while perusing an array of posters. On Saturday morning, start your day with Dr. Paul Datti, PCA President, who will be offering a warm welcome at your continental breakfast. Then, spend the day on Saturday selecting sessions to attend that meet your individual interests. Don't forget about the delicious Saturday luncheon buffet and awards ceremony along with our keynote speaker, Dr. Michael Mobley, from Salem State University. Dr. Mobley is an expert in multicultural counseling competencies focusing on social justice for racial minorities and the LGBT community. Be sure to stick around for the Sunday morning Ethics Learning Institutes, which will focus on selecting and implementing an ethical decision making model as well as the triangulation between personal values, professional ethical standards, and self-disclosures.

But the fun doesn't stop there. Visit the campus of Penn State University, Beaver Stadium (home of the Nittany Lions), or the Arboretum at Penn State (open daily from dawn until dusk with no admission fee). Explore the shops and restaurants in downtown State College. Grab a cup of coffee and revel in the fall foliage while reading a book at one of the many bookstores. Try some ice cream at the Berkey Creamery at Penn State. Whatever you choose, know that State College is consistently ranked in the top ten for best college towns in America. We are positive you can find something to enjoy. Plus, know that both the Penn Stater and its sister property, The Nittany Lion Inn, offer complimentary shuttle service to the conference site as well as to downtown State College.

Early Bird Discount Registrations are available through **October 5, 2015**. Deadline for hotel reservations at the Penn Stater Conference Center is **October 6, 2015** and based on availability. Register today! Visit the website www.pacounseling.org for complete conference information.

Your PCA Conference Co-Chairs, Drs. Julie Cerrito and Charles Jacob, look forward to welcoming you!

From the desk of the Awards Committee:

*Lauren Ostrowski, MA, LPC, NCC, DCC & Ryan Gruber, MEd
Committee Co-chairs*

**We all Know an Outstanding Counselor,
Student, or Program:
Help PCA Recognize our Professional Heroes!**



Nominations for Counseling Awards Due October 2nd!

Nominations to honor the hard work, commitment, and dedication of Pennsylvania counselors, students, and programs are now being accepted. Help us give a few of our unsung heroes the recognition they deserve. Please consider nominating a colleague, program, or graduate student for an award. The award categories are listed below. Winners will be announced at the annual PCA conference luncheon.

PCA Eminent Practitioner Award -- Awarded to an outstanding professional counselor for service to the profession; nominees do NOT need to be PCA members.

PCA Lifetime Achievement Award -- Awarded to a PCA member who is a State of Pennsylvania resident and who has demonstrated outstanding dedication, service, and/or achievement in professional counseling.

PCA Outstanding Administrator Award -- Awarded to an outstanding institutional administrator who has demonstrated support of the professional counseling profession.

PCA Outstanding Counselor Education Program Award -- Awarded to an outstanding professional counseling program in the State of Pennsylvania.

PCA Outstanding Graduate Student Award - Awarded to an individual who is currently a graduate student in professional counseling within the State of Pennsylvania and who shows excellent potential and professionalism; this individual shall be a PCA student member and shall have had some involvement with the association.

PCA Outstanding Research/Publication Award -- Awarded to a PCA member who has contributed to the professional counseling profession through outstanding effort in the area of research and/or publication.

David W. Hall Advocacy Award -- Awarded to an individual who has promoted the profession of counseling through advocacy to whom the many professional counselors in the Commonwealth of Pennsylvania are forever indebted.

All nominations must be made in writing or email to the PCA Awards Committee by **Friday, October 2, 2015**. Submissions can be mailed or emailed.

Submissions by Mail:

Awards Committee-PCA
c/o Lauren Ostrowski
1488 Woodmere Rd.
Pottstown, PA 19464

Submissions by Email:

Ostrowski.Lauren@gmail.com

Information or Questions:

Contact Lauren Ostrowski: [Os-trowski.Lauren@gmail.com](mailto:Ostrowski.Lauren@gmail.com).

The following information should be included with each nomination:

- Title of the award for which the nomination is made
- Name and title of the nominee
- Mailing address, e-mail address, and telephone number(s) of the nominee
- 1-page rationale describing why this person or program deserves the award
- Any supporting materials, which may include a curriculum vitae, program brochures, and letters of support
- Mailing address, e-mail address, and telephone number(s) of the nominator

Lauren, Ostrowski.Lauren@Gmail.com

Ryan, Gruber.Ryan@Gmail.com



From the desk of GPACA

*Minna Davis, M.A., NCC, LPC
Acting President*

Because of the Pope's visit to Philadelphia and other issues beyond our control, the Greater Philadelphia Area Counseling Association was unable to secure a venue for its kick-off event. We have regrouped and are planning one for the Spring term. Keep a look out for a flyer with all of the details.

If you have not already done so, and you are interested in being added to our distribution list, please email me.

Minna

MinnaDavis1@gmail.com



From the desk of Social Media:

*Abby Dougherty, M.S., NCC
Chairperson*

Are you an LPC with a practice in PA? Are you holding a workshop or group and would like some support getting the word out? PCA wants to support counselors with their professional endeavors.

If you are holding an event, group, or workshop that you want advertised on our website and social media sites, and newsletter, please contact Abby Dougherty (Social Media and Advertising Chair) at abby.dougherty@rosemont.edu

Or, shoot us a message through our social media sites:

PCA website: http://www.pacounseling.org/aws/PACA/pt/sp/home_page

PCA at Facebook: <https://www.facebook.com/PACounselingAssociation>

PCA at LinkedIn: https://www.linkedin.com/groups?home=&gid=6561984&trk=groups_management_participants-h-logo

Warmly,

Abby

abby.dougherty@rosemont.edu

Call for Papers: Journal of the Pennsylvania Counseling Association

Robert Joseph Behun, PhD
Editor

The *Journal of the Pennsylvania Counseling Association (JPCA)* is a professional, refereed journal dedicated to the study and development of the counseling profession. The Editor invites scholarly articles based on existing literature that address the interest, theory, research, and innovative programs and practices of professional counselors.

Authors submitting manuscripts to the journal should not simultaneously submit them to another journal, nor should manuscripts have been published elsewhere in substantially similar form or with substantially similar content. All submissions are blind peer reviewed and authors should expect a decision regarding a manuscript within three months of acknowledgement of receipt.

To review the Guidelines for Authors, please visit the inside of the back cover of this edition or go to the PCA webpage: <http://www.pacounseling.org/jpca.php>. Manuscripts may be submitted via email to Dr. Richard Joseph Behun, JPCA Editor, at pcajournal@gmail.com.

CALL FOR JPCA REVIEWERS

Anyone interested in being a reviewer for the *JPCA* should send a letter-of-interest and CV to Dr. Richard Joseph Behun, JPCA Editor, at pcajournal@gmail.com.

This position is a unique opportunity to grow professionally and to contribute meaningfully to the PCA, the counseling profession, and the larger mental health field. Beyond contributing to JPCA and Pennsylvania professional counselors, reviewing manuscripts for JPCA also will greatly enhance your professional writing ability.

Joe

behun@marywood.edu



Looking for a Counseling Job? PCA CAN HELP!

THE PCA CAREER CENTER IS NOW EVEN EASIER TO USE!

The Career Center has moved to the public section of the PCA website!

At the Career Center, you'll find jobs that are specific to counseling professionals. These are targeted opportunities that can't be found on larger job board websites.

Why should you visit PCA's Career Center?

- Find positions targeted for counselors
- Post your resume anonymously
- Create personalized job alerts
- Save searches, store jobs, keep notes, communicate with employers through an internal messaging system, and more!



To Access the Career Center:

Go to

<http://www.pacounseling.org/>

- Click on the Career Center link.
- Upon entering the site, you'll be prompted to create a free account.
- Customer Service is available M-F from 7:30 a.m. to 7:00 p.m. EST.

1-860-437-5700

support@jobtarget.com

Want to Post a Job?

Check out the

Employers Section

for more information on advertising counseling positions.

The Pennsylvania Counseling Association is an organization of professional counselors who value a collegial community, continuous learning, service to others, visionary leadership, and a commitment to professional ethics and standards of practice.

Advertise with us and get your message out to PCA members!

PCA Inc is distributed electronically 4 times annually to approximately 500 active PCA members. It is a great way to reach your target audience!

Please submit your AD as a JPEG, PDF or Word document (Word if it is text only). Please make sure it is print quality resolution or 300 dpi. Checks can be made out to the

Pennsylvania Counseling Association and mailed to PO Box 8222, Philadelphia, PA 19101-8222. Members generally receive PCA Inc on the first of the month - October, January, April and July. Submission deadlines fall one month prior.

Submit your ad to:
PCA Newsletter Editor
4pcanews@gmail.com

AD SIZE	PCA MEMBER PRICE	NON-MEMBER PRICE
1/4 PAGE AD 2.5" x 7.5" OR 5" x 3.5"	\$60.00	\$80.00
1/3 PAGE AD 10" x 2.25"	\$80.00	\$100.00
1/2 PAGE AD 10" x 3.5" or 5" x 7.5"	\$120.00	\$150.00
1 FULL PAGE AD 7.5" X 10"	\$170.00	\$200.00

2015-2016 PCA Leadership

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Jacob@lasalle.edu

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Issues in Counseling
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- PSCA** Pennsylvania School Counselors Association
Emilia Peiffer, emiliapsca@gmail.com

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- GPCA** Greater Pittsburgh Counseling Association
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- NEPCA** Northeast Pennsylvania Counseling Association
(vacant)

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- GPACA** Greater Philadelphia Area Counseling Association
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